

Winter Help available

Church Warm Hubs in Yeovil

- MONDAYS: 9am – 3pm (Yeovil Baptist, Petters Way)
- TUESDAYS: 10am – 3pm (Yeovil Methodist @TheQuedam)
- THURSDAYS: 9am – 1pm (Yeovil Baptist, Petters Way)
- FRIDAYS: 10am – 12noon (Yeovil Methodist @TheQuedam)

Other warm hubs in Yeovil

- Westfield Warm hub Monday–Thursday 9.30am–3pm and food served 12–2pm Monday–Wednesday.
- Yeovil Library, King George Street, Yeovil
- The Huddle, 18 Vicarage Walk, Yeovil

Hubs in Crewkerne, Chard, South Petherton

- Chard Library, Holyrood Lace Mill, Holyrood Street, Chard
- Crewkerne Library, Falkland Square, Crewkerne
- South Petherton Library, St James' Corner, South Petherton

Talking Cafes in the local area

Tuesdays:

- Chard, Ariel Healthcare, Fore Street: 1st Tuesday of the month, 10am – 12pm
- Chard, Ariel Healthcare, St Mary's: 2nd Tuesday of the month, 10am – 12pm
- Chard, Springmead Surgery: 3rd Tuesday of the month, 10am – 12pm
- Yeovil District Hospital: Every other Tuesday from the 1st November, 2pm – 4pm

Wednesdays:

- Chard, The Guildhall: Every week, 10am – 12pm

Thursdays:

- Yeovil, St Peter's Community Centre: Every other

Christmas for Carers Guide

It can be a challenging time of year with holiday closures disrupting the usual appointments, groups or activities you do with the person you care for.

Check out our Somerset Carers guide for #Carers during the Christmas period, packed full of ideas to anticipate and prepare for changes to the normal routine.

If you feel you may struggle, you need some advice or a listening ear; please get in touch with our Village and Community Agents. They are problem-solving superheroes!

<https://somerseccarers.org/news/christmas-for-carers/>

Citizens advice (closed 26th–30th December)

<https://www.citizensadvice.southsomerset.org.uk/how-can-we-help/in-person/yeovil/>
0808 27 87842

Village Agents can be contacted for a range of advice

<http://somerseccagents.org/find-an-agent/>
01823 331 222

<https://sparksomerset.org.uk/warm-welcome>
01458 550973

(Advice off citizens advice to contact reference warm hubs and food)

Mental Health Support.

Mindline – 0800 138 1692/01823 276 892 (Available 24/7)

Mind in Somerset Crisis space available 6–10pm 7 days a week, available through calling 01823 276 892

Health support.

Advice from NHS Somerset

- Make sure you have in the essential for colds and flu and first aid kit.
- Prescriptions needed in an emergency or unsure where to go if you fall ill either ring 111 or go online to 111.NHS.uk online, who can help including dentistry requirements.
- For minor injuries and illnesses, you can visit a minor injuries unit and many common minor ailments can be treated by a local pharmacist or at home.
- In a serious or life-threatening medical emergency, you should call 999 or attend your local emergency department.
- Pharmacies will be on a rota basis over Christmas, 111 can advise on these or go to <https://www.england.nhs.uk/south/info-professional/pharm-info/pharmacy-opening-hours/>
- Please be COVID vigilant especially with more socialisation of Christmas.
- For children's health advice you can also download the HANDi App, available for Android phones on Google Play or on the App store for iPhone and iPad.
- Look out for your friends, neighbours, loved ones and those who are most vulnerable and at risk from flu and COVID-19. Phone them to see how they are and offer to collect shopping or prescriptions if needed.

Important Utility numbers

National Gas Helpline - 0800 111 999 (24/7)

National Power Cut Helpline - 105 (24/7)

Power Priority service -

South Wales and South West (Western Power Distribution) - 0800 052 0400

General Advice

- Make sure you have a working torch or torches (check your batteries)
- Make sure you have topped up your electric and gas meters, get support from Citizens Advice before they close for Christmas.
- If you have disabilities, chronic illnesses for example sign up to the Power Priority Service with your provider
- here is somewhere to put your Electricity and Gas suppliers phone numbers
- Make sure you have credit on your mobile phone and a power bank that is charged. (These can be bought from Poundland)

DWP Opening times

Closed 26/12, 27/12 and 2/1

Open Phone lines only on the 28/12 for missed payments or emergency payments

In between these dates opening as normal on usual numbers